

Respect for our voice and our story

We, assistant numeraries of Opus Dei from all over the world, are signing this letter. We have decided to write this letter because last year the testimonies of 43 women, many of them assistant numeraries, were published. We have been hurt by the negative experiences they have recounted, and although we do not see ourselves in all of them, we believe that they need to be heard in order to heal their wounds.

At the same time, we feel the need to speak out because the accusations they have made affect us directly, especially since the testimonies became public, and many people through the media have unfairly attacked our way of life and underestimated our ability to choose freely.

We are thousands of women who live the vocation of numerary auxiliaries with freedom and joy. We are fulfilled and happy to dedicate our lives to caring for others; we choose it every day as if it were the first day or even more. We understand that this may be difficult to imagine in a more individualistic society, and that is why we believe our mission is so transcendent.

We do not ask everyone to understand or share it, nor do we ask them to choose our way of life; we simply ask that we be respected. That the importance of a vocation that we live with love and commitment should not be underestimated, and that it should have the same dignity as any other vocational choice.

Assistant Numeraries who sign this letter and request respect:

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